FROM THE PRINCIPAL

Dear Parents and Students,

Have you heard about Nelly Negative Underpants? If you have, you know a little about Way2Go. Way2Go is not a program, it is a tool for developing whole school processes for the delivery of the Australian Curriculum’s Personal and Social Capabilities using the principles and beliefs of St Mary’s Way. It demonstrates our commitment to the social and emotional education of all children in the school and explicitly teaches the Australia Curriculum’s Personal and Social Capability elements of: Self-awareness, Self-management, Social awareness and Social management. This year the Way2Go program focuses on being kind – to yourself and others. This term, the lessons discuss the importance of being kind online, your digital footprint, digital citizenship and being safe online. Cybersafety and being safe online is an issue we take seriously at St Mary’s, if you have any concerns or questions please contact the school or access some of the parents’ resources online at Cybersmart.

Mrs Angela Mitchell holding one of the many teaching resources for Way2Go. Mrs Mitchell works with all our students in Way2Go.

One of our Yr 1 students, Keanandra, illustrated her footprint to promote this term’s message with Way2Go.

BEE POSITIVE - BEE KIND - BEE YOUR BEST

P&F Meat and Greet

Don’t forget our MEAT and GREET night THIS FRIDAY. It is an opportunity for you to catch up with friends and to help our new families feel welcome. Your generosity in hosting our new families would be greatly appreciated and a true indication of the friendly family feeling this school boasts. Please contact Bruce Wright P&F President, if you can help. M: 0417 607 338

This night is also our school disco night. A flyer was sent yesterday asking you to indicate how many will be attending the BBQ. This will assist us in our ordering of food.

Time: 5.00PM
Cost: BBQ and tea/coffee FREE Soft drinks, fruit drinks, lollies and snacks for sale
Disco: 6.00PM – 8.00PM Theme: Black Friday Disco cost: $3.00
Shalom College Year 7 2016 Applications - Important dates to remember

**Wednesday 11th March**
Enrolment Information Evening commencing at 7pm in the Performing Arts Theatre at Shalom the Yr 7 Information Evening will be held. Shalom Principal, Mr Dan McMahon, will outline to parents many of the aspects that will be involved for students and their families with the transition to Shalom and high school. Students are welcome to attend.

**Thursday 19th March**
College Open Day 9am – 11.30am. This is an opportunity for parents and students to have a close look at Shalom in operation. You will be guided around the College by current Yr 10 students and you will be welcome to drop into any classroom in the College and see classes in action. This will be an ordinary day in the life of Shalom and a great chance for parents and young people to have a real look at high school and the facilities that Shalom has to offer. Your visit can be as short or as long as you like within those hours.

**Friday 1st May**
Click here to view flyer.

**Sno Cones**
Thank you to everyone for your support in raising money from the sales of Snow Cones. We raised $1080 which will help ship a container of school supplies to Papua New Guinea!!

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**The Mass of Chrism**

7.00pm Wednesday 25 March, 2015 St Joseph’s Cathedral

We are invited to gather as a diocesan family - to witness the Blessing of Oils to be used in parishes during the coming year - to support our Bishop and priests as they renew their commitment to ordained ministry - to renew our own commitment to Jesus Christ.

*The Mass will also be lived streamed*

Supper will follow in the grounds of the Cathedral.

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**St Mary’s Cookbook - A Time to Eat**

The cookbook is really coming along very well thanks to all the recipes and photos we have received from our parents and sponsors. It will end up being a very professional and attractive book. We are still seeking a few more sponsors for our cookbook. If you know of any firm or person who could sponsor a page please let one of the committee members know. Click here for more information and the contact details of the committee members.

*St Mary’s Cookbook Committee*
APRE NOTES

Project Compassion/Lent

As we journey through Lent we are continuing to ask the students at school about their Lenten Promises. Are you aware of what your child has promised? Have you made a promise yourself? A discussion at home would be most beneficial to ensure we are all doing something a little ‘extra’ for Lent. I have heard of some children giving up their tuckshop and keeping the money for their Caritas money boxes.

David Boge APRE

LITURGIES AND ASSEMBLIES

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DATES TO REMEMBER

MARCH

Friday  13  P&F Meat & Greet BBQ with School Disco  5:00PM – 8:00PM
Monday 16  Book Club Orders due
Tuesday 17  St Patrick’s Day
Thursday 19  School Photo Day  
St Joseph’s Day  
Shalom College Open Day
Saturday 21  Catholic Schools’ Race Day  
Harmony Day
Wednesday 25  Prep photos published in NewsMail
Friday 27  Surf Life Saving concludes – Years 5 & 6
Saturday 28  Working Bee  7:00AM-11:00AM
Tuesday 31  Leaders Meet Leaders Luncheon

APRIL

Mon – Thurs 30–02  Holy Week
Thursday 02  Last Day of Term 1
Friday 03  Good Friday
Sunday 05  Easter Sunday
Monday 06  Easter Monday
Monday 20  First Day of Term 2

CURRICULUM NEWS

Parents are the first educators of their children. Sometimes parents underestimate the positive influence they can have on their children’s learning.

This week I would like to share with you these strategies from “Pieces of Learning”. They just turned up when I was thinking about ways to support home learning!

Strategies for Parents to Encourage Achievement - Developing Good Study Skills

- Make a plan for organizing the study environment and study time at home. Your child should be involved in making the plan so he or she knows exactly what is expected.
• Help your child in developing organizational skills. Many children need help in knowing how to organize. Work on one organizational skill at a time. Your child will be less overwhelmed.
• Make a checklist of materials needed at school and materials needed at home. Post this in an obvious place, such as the bathroom mirror or inside the car.
• Design a system where you periodically check your child’s notebooks. Encourage and support them in the projects they are working on.
• Promote a love of reading in your home. Turn off the TV and have a reading night at least once a week! Use your imagination and creativity to make the most inviting place in your home the READING AREA.
• Have fun!

World Sleep Day – Saturday 14th March
According to a recent British study into sleep habits, regularity of sleeping habits and routine are the keys to kids’ well-being and better cognitive functioning when it comes to sleep.
The sleep clock loves routine and regularity. So do kids – they’re routine junkies.
Regularity and routines are the two keys to a good night’s sleep for most kids.
Here are 3 tips for a better night’s sleep for kids:

1. Stick to the one hour variation rule: alter bedtimes by no more than one hour on weekends and other nights.
2. Make the time before bed CEFB-free: that is, no caffeine, no vigorous exercise, no heavy food, no hot baths before bedtime.
3. Establish sleep-trigger rituals to trick the brain into sleeping: stick to tried and true sleep rituals such as reading, or teeth, toilet & story.

Harmony Day 21 March
The students will focus on positive relationships with others and consider those in the world whose countries are torn by strife. Parents might like to pick up on this theme with their children that evening as well.
Some information to help you.....
About Harmony Day: The message of Harmony Day is Everyone Belongs. It is a day to celebrate Australia’s diversity. It is a day of cultural respect for everyone who calls Australia home — from the traditional owners of this land to those who have come from many countries around the world.
There are many ways we can celebrate Harmony Day – through sport, dance, art, film, music, storytelling, cooking and sharing cultural meals. By participating in Harmony Day activities we can learn and understand how all Australians from diverse backgrounds equally belong to this nation and make it a better place.
Harmony Day is an Australian Government program and coincides with the United Nations International Day for the Elimination of Racial Discrimination.
Since 1999 Harmony Day has been widely celebrated across schools, childcare centres, community groups, churches, businesses and federal, state and local government agencies.

Carmel Ashton APC

INTERNATIONAL COMPETITIONS AND ASSESSMENTS FOR SCHOOLS (ICAS)

Students will again have the opportunity to sit for the International Competitions and Assessments for Schools (ICAS).
If you wish your child to enter these written test style competitions, please return the advice slip to the school office before the end of term. Click here for permission form. Please return permission and entry fee by Thursday 2nd April 2015.

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<td>Tuesday, 14 July 2015</td>
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*Students can sit ICAS Writing anytime in the week beginning Monday 15 June, and still be eligible for UNSW Medals.

FROM THE SPORTS DESK

By encouraging your child to do some physical activity every day, you’re helping your child to be healthy now and setting up healthy habits for life. Daily physical activity can also be a lot of fun!

**About physical activity for children**

Physical activity is great fun, an important part of play and learning, and **essential for healthy growth and development**. It’s also natural for children to move and be physically active. Babies rock their bodies and kick their feet, and toddlers love to move around, dance, climb and jump. Many older children enjoy organised sports and playground games and many children like a bit of rough-and-tumble play.

**Australian guidelines on children’s physical activity**

Australian guidelines recommend that children aged:

- **0-1 years** should have some physical activity, such as floor play, each day
- **1-5 years** should be physically active for at least three hours each day, with activity spread across the day
- **5-18 years** should do at least one hour of moderate to vigorous physical activity each day.

**‘Moderate physical activity’** includes activities that get your child gently huffing and puffing. They’re about as intense as a quick walk.

**‘Vigorous physical activity’** includes activities that get your child huffing and puffing a lot and sweating. This could be running games or riding a bike fast.

Physical activity doesn’t have to be done all at once, or even in big blocks. It can be enjoyed in small blocks of time throughout the day.

Queensland Sports Carnival - Gary Larson Oval, Miriamvale – Saturday 14th March 2015

Click here to view flyer with further details of this event.

MUSIC NOTES

**Year 5 Band Tour**

On Thursday March 26th our Year 5 band students will travel in two groups for a **playout tour**. The first group will be performing at Kepnock Village Retirement Centre and the second group will play in a combined concert at St Joseph’s School in town. Perhaps you can encourage your band children into further home playing to prepare for these performance opportunities.

**Senior Choir**

Don’t forget to bring your notes back so we can all go to the St Patrick’s Day Performance at the Brother’s Club. We have been rehearsing hard at lunch times and choir sessions. Those parents wishing to go please see elsewhere in the newsletter about this fundraising event and how to get there.
Music Dates
- Senior Choir St Patrick’s Day Celebrations at Brother’s Club  
  Tuesday March 17th
- Year 5 Band Tour with St Mary’s  
  Thursday March 26th
- Choirs & Bands at Bundaberg Eisteddfod  
  August 4th – 7th

For Sale
1 pair near new black pants suitable for choir/band member size 7. Only $5. See Kris or Milee Flanders at school should you wish to get them for your choir or band child.

Please don’t hesitate to contact either Ian King (Thursdays) or Helen Osborne (Monday - Thursdays) if you have any questions about music in the school.  
Helen Osborne School Music Teacher

SCHOOL PHOTO DAY – THURSDAY 19TH MARCH

School Photo Day is Thursday, 19th March, 2014. STUDENTS ARE TO WEAR THEIR BLUE DAY UNIFORM. MSP Photography payment envelopes will be sent home with each student this week. Please take the time to read the relevant information on these envelopes and remember these helpful points:
- Don’t seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day.
- Family envelopes are available at the school office upon request.
- Please enclose correct money as no change is given. Cash, credit cards, cheques and money orders only are all accepted.

DENTAL VAN VISIT – TERM 2

The mobile Dental Clinic will be arriving at St Mary’s at the beginning of Term 2 and will be offering the opportunity to have a free dental examination to all consenting students from Pre Prep (4 years of age) – Year 6. Medical/consent forms will be distributed to students in coming weeks. All Dental Forms must be completed in ink.

STUDENTS OF THE WEEK

Year 1H  
JACK ZIELKE for always showing so much enthusiasm in all classroom activities. Thank you for making me laugh each and every day. You are a character!
OLIVIA PFINGST for always completing all your work and for being such a great friend to others. Good job Olivia!

Year 1KP  
DECLAN O’CONNELL for showing much more determination to complete activities to the best of your ability. Well done and keep it up!

Year 2 O  
LACHLAN O’BRIEN for sharing your love of reading with the rest of the class. Go Lachlan!!

Year 2 PA  
SEAMUS MCEDLOWNEY making a great effort to follow the 5Ls during carpet time and also for creating some fantastic ‘sizzling starts’ in writing. Well done Seamus.
EMILY OLSEN for following the 5Ls exceptionally well at carpet time and also for working hard to produce quality writing. Keep up the wonderful work Emily.

Year 2R  
LILY THOMPSON for always being so happy and cheerful. Your smile brightens my day!
BREE ROYAN for always trying to add extra detail to your writing. It is always interesting to read.

Year 3B  
LANI SOLOGINKIN for being a wonderful ‘Sizzling Starts Expert’ for our assembly. You read with fluency and expression. Well done.

Year 3G  
PATRICK BOND for being a wonderful ‘Sizzling Starts Expert’ for our assembly. The way you expressed yourself really told the story.

Year 3T  
JESSICA TAYLOR for always trying your best to follow instructions to complete your work to the highest standard. I appreciate all your efforts.

Year 4B  
RIVEYRA GROSZMANN for the positive attitude and hard work you apply to your work in our classroom. Keep up the fantastic work!

Year 4B  
KYAN BAGAROZZA for showing motivation in your work and trying to complete all given tasks.
MACKENZIE HARWOOD for improving in your spelling and giving every task a go. Great work.

Year 4P

AVA GARDINER for being such a responsible and positive student. It is a pleasure to have you in our classroom Ava!

THOMAS PARTON for handing in brilliant homework every week. I love looking at your reading journal reflections. Keep up the great work Thomas!

Year 5B

NOAH McGOWAN for working super hard to listen to all instructions. We love your contributions to all our class discussions.

JESSE BEVERIDGE for just being you. You are kind, fair and generous. We love having you in our class.

Year 5P

HARLEY BUJEJA for always being an enthusiastic student. Your work is always neatly presented and I love your positive attitude.

BRIDGET DOYLE for being an enthusiastic writer. Your use of speech marks in your work is SUPER!

Year 5SB

JESSE GEISZLER for being ‘switched on’ to reading. We love that you have found “GOOD FIT” books just for you!

TECODA GROSZMANN for always working well independently and completing work thoroughly!
Congratulations on all of your hard work.

Year 6C

SARAH KREBS & LACHLAN BARRETT for setting up wonderful reading habits and for being great role models for their peers.

Year 6J

LAURA KEVERKIS for being helpful to all her peers. Laura you are a treasure.

HALLE GREGSON-ALLCOTT for being persistent. You are striving always to understand and master new Maths concepts. Well done!

CONGRATULATIONS

SO WHAT’S HAPPENING IN PREP C

This term in Prep we have been learning about different authors. Prep C have really enjoyed books by Pamela Allen and Eric Carle. The children have enjoyed “reading the pictures” and recognising that authors have similar pictures in their books and sometimes carry the same characters through their books. From these books we have used thinking pens (fine tip nikko) to help them express, through drawing, their favourite part of the book. Some children have even experimented with writing the title of the book! Prep C have also been enjoying exploring different letters of the alphabet and when they work on “reading to ourselves” they are getting very excited at finding letters and common words they know.

In Religion the children have been investigating Jesus’ life and who he is.

Right: Look at this “Who is Jesus?” picture by Chase!

Last week we had a visit from the L.J. Hooker bear for our “Teddy bears picnic” for letter T.
This week during outside play we are dressing up as Grannies and Grandpas for the letter G!!!

Pictured right: Deklan, Jacob, Oliver & Cameron

BOOK CLUB

Scholastic Book Club Issue 2 brochures were sent home this week. Orders are due back Monday 16th March. Items will be delivered well before Easter.

Lorraine Knott  Book Club Coordinator

ST PATRICK’S DAY CELEBRATION

Everyone is invited to join the Bundaberg Catholic Women’s League at their annual St Patrick’s celebration which is to be held at the Brother’s Club, on Tuesday March 17th commencing with morning tea at 9am followed by variety concert, lucky shamrock, lucky spots, raffles and a continuous cent sale. Proceeds go towards supporting local and Australian charities.

St Mary’s choir will also be performing on the day. 

Booking: Annette – 41514895 or Maureen – 41521263

CATHOLIC SCHOOLS RACE DAY 2015

Mark your diaries now! The 10th Anniversary of the will be held on SATURDAY, 21ST MARCH 2015

Looking forward to your continued support of this annual fun day out for the Catholic Schools Community.

Click here to view flyer with further details.

Tickets are now available at St Mary’s School office.

Any enquiries please contact Peter O’Beirne on 0419 787 279 or Teresa Cameron on 4155 8111.

COMMUNITY NEWS

Sensory Movie Day

Inclusive event for families with special needs. Children are free to move around, lighting on dim and fire exit doors are monitored by volunteers. "Penguins of Madagascar” 11.00am Sunday 15 March

Tickets $8.00 each $5.50 small popcorn & small drink combo. Companion I.D Card Accepted. Children under 3 are free.

For more information or to be added to the mailing list email us on sensorymovieday.bundaberg@hotmail.com or message us via Facebook

Ring Road Run

For kids, parents, athletes and amateurs – all are welcome to register for the Ring Road Run. Register online – www.ringroadrun.com.au for either:

2k Bundaberg Radiology Kids Run/5k Run or Walk/10k Run or Walk/10k Sporting Wheelies Race

When you register online, nominate your school to win a behind the scenes class visit to the RACQ CareFlight Rescue Headquarters including a special presentation and morning tea.

When: Sunday 24 May

Where: Start and finish at St Lukes Anglican School.

All entries receive a goodie bag and children get a free run shirt. Pick up your Ring Road Run goodie bag at the MOVE it Expo.
MOVE it Expo
Come along to Bundaberg Regional Council’s MOVE it Expo to see a showcase of the region’s local sporting clubs, professional fitness trainers, health experts and fresh food producers.
When: Saturday 23 May, 11am – 3pm
Where: St Lukes Anglican School, 4 Mezger Street, Bundaberg
With demonstrations, samples, information and around 55 business and local stallholders, there is something for everyone interested in their better health and wellbeing. For more information: http://www.bundaberg.qld.gov.au/moveit

DO YOUR BEST – Come and join Bargara Little Athletics
Does your child like to run, jump, throw and play games in a fun family environment? The Bargara Little Athletics season is starting on Sunday 29th March 2015.
Sign on Sunday, 15th March 2015 from 10am to 2pm at Bargara Central Shopping Centre.
Come and try family fun day Nielson Oval Bargara on Sunday 22nd March 2015, 9am – 12 midday with a free sausage sizzle.
For more info phone Elissa 0419 642 679 or Kay 4159 1881

KIAH PARK HORSE RIDING 7 DAY CAMP DATES
4 – 11 April …including an Easter egg hunt!
11 – 18 April

DAY TRIPS AVAILABLE on Mondays & Tuesdays
Riding Camps are for children 6yrs – teens and all riding abilities are catered for.
Camp includes full accommodation and each child is given the privilege of caring for, riding, and getting to know their very own horse.
There are arena lessons, trail rides twice a day, a gymkhana and fun night activities.
Children enjoy a very happy, healthy outdoor holiday with the opportunity to develop independence and create lifelong friendships and memories.
For more information please contact us: Phone: 5486 6166 Email: info@kiahpark.com.au
Website: www.kiahpark.com.au Facebook: www.facebook.com/KiahPark1

Bundaberg Regional Art Gallery
Click here to view flyer with upcoming exhibitions.