Dear Parents, Students and Friends

“My child is being bullied.” This is a statement no teacher or principal likes to hear and every parent hopes they never have to say.

What is bullying? Bullying is the selective, uninvited, intentional, repetitive oppression of one person by another person or group. It takes away a person’s fundamental right to feel safe and can affect self-esteem and in schools, academic performance.

So what do you do, if you suspect your child is being bullied? Firstly, check that what your child is relating to you fits the definition as mentioned above. Also…..

1. Look for warning signs – complaints about items being stolen, bruising, reluctance to go to school, withdrawal from activities, feigning illness.
2. Take them seriously. Listen to them. Sometimes all they want to know is that they have your support and love.
3. Do not over-react. Do not confront the bully or bullies yourself. This only complicates the situation making it worse for your child who may become subject to retaliation. It also makes it very difficult (close to impossible) for the school deal with the situation constructively and appropriately.
4. Get a clear picture of what is happening, who is involved and what your child is doing before being bullied. Sometimes children do not know that their behaviour can unwittingly contribute to bullying as it is annoying to the other students eg calling out in class, always wanting to go first, not letting other people play with their “friends”.
5. Provide your child with some strategies or ideas that will reduce the likelihood of bullying. Do not advise them to give back what they receive as this then makes them the bully.
6. If it continues, report it to your child’s teacher and together work on a solution to the problem.
7. Discuss the process that will be used to help your child, letting them know what you will do to help them and what the school will do.

The truth is that some time in your child’s life, be it now or as adults they will experience bullying. Most of us have. With the school and home working together any child who is subject to bullying will learn the skills that will not only stop the bullying but will also help them to build their resilience and confidence.

P&F Meat and Greet

Today, your eldest child at this school, will receive a letter from our P&F president about host families for our Meat and Greet function. It is an opportunity for you to catch up with friends and to help our new families feel welcome. Your generosity in hosting our new families would be greatly appreciated and a true indication of the friendly family feeling this school boasts. This night is also our school disco night.

DATE CLAIMER: Meat and Greet with School Disco Friday 13 March

Prayers…..

- EMMA BOLTON-TURNER (4B) who is unwell and undergoing medical treatment in hospital in Brisbane.
School Fees
Term 1 accounts are due for payment on Thursday, 12th March, 2015.

Working Bee
Our first Working Bee for the year is on THIS Saturday, 28th February from 7AM-11AM. Please come along and help keep our school looking great. Those who volunteer at 4 working bees throughout the school year are eligible for a rebate of $135.00 which is the School Assistance Bond component of the school fees. Dates for working bees for this year are 28 March, 9 May, 20 June, 25 July, 12 September, 24 October & 21 November.

National Recall Frozen Berries
As the community has been made aware via recent media reports, there is currently a national recall on a number of frozen berry products imported by Patties Foods. The recall is due to a potential Hepatitis A contamination. The recall involves a variety of frozen berry products under the product names of Nanna’s and Creative Gourmet. Catholic Education Diocese of Rockhampton schools and services have removed any of the recalled products as advised by Food Standards Australia. Queensland Health advice to members of the community is to monitor yourself and others who consumed the product for symptoms of fever, nausea or abdominal discomfort. Symptoms may appear between 15 and 50 days after catching the virus from eating the product. If symptoms appear, see your doctor immediately.

APRE NOTES

Opening School Mass
This Thursday, 26th February at 9AM we celebrate our Opening School/Leadership Commissioning Mass in the multi-purpose area.

Lent
If you are looking for a great website for your children, all teachers have been using www.holyheroes.com. This website clearly explains what happens in Lent. It has clips and short videos also. I encourage you to subscribe to this free website.

Good luck!!
Today children may have talked about the colours that the priest wears for Mass during Lent. Also mentioned may have been some changes in the Masses which you see in Lent (and the exceptions to those changes!).
Violet, which most kids call purple, is the colour of penance, so it is the colour for vestments nearly every day in Lent. But there are certain days when you will see different colours. These days are those which the Church wants to especially stand out in our minds. Stay tuned for these special days next week!

David Boge APRE

LITURGIES AND ASSEMBLIES

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<td>5</td>
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<td>Opening School Mass 6C &amp; 6J</td>
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<td>Monday 30th March – Thursday, 2nd April</td>
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DATES TO REMEMBER

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<th>Opening School Mass</th>
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<td>Clean Up Australia Day &amp; Nude Food Day</td>
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CURRICULUM NEWS

World of Maths

This week and next, we have Maths incursions at school. These involve the students problem solving their way around a range of mathematical problems that have been set up for them.

Sizzling Starts

Congratulations students on the Sizzling Starts that have been a topic of teacher conversation this year. It would seem that everyone is lighting up their imaginations. Well done.
Parent Teacher Meetings
These meetings will be scheduled in the coming weeks. Please check with your child each day until you have a note for a parent-teacher meeting this term. These meetings are very important for the teachers - to develop a greater understanding of your child from a parent’s perspective and for parents – to develop a greater understanding of your child from a schooling perspective.

Carmel Ashton APC

PHYSICAL EDUCATION

Perceptual Motor Program
PMP (PE classes) for Prep, Years 1 and 2 have begun this week. There has been a great response from Prep, Years 2 O and 2R. Thank you parents from these classes. **Years 1KP, 1H and 2PA desperately need helpers.** So if you can help with these classes the children would love to see you. From next week, without enough helpers, the PMP will not continue for these classes.

HPE Week Week 6 2nd – 6th March
“Can You Remember the Days in the Old School Yard?”
If you can and would love to share those games with today’s children at St Mary’s, we’d love to hear about your childhood games at school or at home. We will try to teach the children these games during HPE Week. Send them in to your child’s class teacher or to the office this week please.

Linda Fulton Specialist PE Teacher

MUSIC NOTES

**Year 6 Band** is playing the music for the Opening Mass this Thursday at 9AM in St Mary’s Multi-purpose court. This will be a combined effort with St Joseph’s Year 6 Band coming to accompany us, so all parents and friends are welcome to come and enjoy the band along with the service celebration.

**Year 5 Band Tour**
On Thursday March 26th our Year 5 band students will travel in two groups for a playout tour. The first group will be performing at Kepnock Village Retirement Centre and the second group will play in a combined concert at St Joseph’s School in town. Perhaps you can encourage your band children into further home playing to prepare for these performance opportunities.

**Senior Choir**
Don’t forget after school Wednesdays 3:00PM-3.45PM. All Years 4-7 students welcome.

**For Sale**
**1 Quality Snare Drum** - Used by High school percussionist. $50 or Nearest Offer. Ring Bronwyn on 0437511005.

**Music Dates**
- **Year 6 Band- St Mary’s Opening Mass with St Joseph’s Band**  
  **Thursday Feb 26th**
- **Senior Choir St Patrick’s Day Celebrations at Brother’s Club**  
  **Tuesday March 17th**
- **Year 5 Band Tour with St Mary’s**  
  **Thursday March 26th**

Please don’t hesitate to contact either Ian King (Thursdays) or Helen Osborne (Monday-Thursdays) if you have any questions about music in the school.

Helen Osborne School Music Teacher
SPEECH & DRAMA

Today interested students have taken home an entry form for a solo item in the Speech and Drama Eisteddfod. These forms need to be returned to school by NEXT WEDNESDAY, 4th March. Alternatively, click here to view schedule of events with an entry form at the end. Mrs Paula Gallagher commenced drama classes at our school today and will be continuing these every Wednesday until the eisteddfod begins on the 1st of May. For more information about the Speech and Drama Eisteddfod, feel free to come and see me at school.

Toni Gahan

CLEAN UP AUSTRALIA DAY & NUDE FOOD THURSDAY!

Every year Australia wide, hundreds of thousands of Australians get stuck in and clean up their local environment by collecting and removing rubbish. St Mary’s will be participating by cleaning up our school on Thursday 26th February. Students will be provided with gloves and bags at school to help clean up. As a way of helping to keep our school clean, we will be having a NUDE FOOD DAY on Thursday 26th February. This is where the students bring food that is not in wrappers. Use containers and help our environment! Any student who does bring a Nude Food lunch will receive a ticket into a draw for a chance to win a prize! Thanks for helping our environment!

STUDENTS OF THE WEEK

Year 1H  KARSON WISE for always completing all your activities. Thank you for always working hard. Well done!
ABIGAIL WILLIAMS for working really hard in class. You’re always excited to show me new things you have learnt. Well done!

Year 1KP  ISLA KLINSTROM & HAYLEY CAHILL for showing enthusiasm for the Chinese dragon visit.

Year 2 O  MATHILDA RASMUSSEN for being a super worker in class all week. Thank you for doing your best and being a polite and careful listener.

Year 2 PA  SEAN ANDREOLI for concentrating really hard on the task at hand. It was great to see you thoroughly focussed on your work last week Sean.
BRIDGET STEHBENS for being a very focussed student, trying your hardest at all tasks and showing you are a very thoughtful member of our class.

Year 2R  JACOBY DUNNETT for always smiling and giving everything a go. Keep it up.
ELIESHA YEE for presenting all of your work so neatly and for always adding lots of detail in your writing.

Year 3B  CHRISTINA MCMAHON for coming to school every day with a huge smile and a very positive attitude. You spread your happiness to everyone you meet.
TYLER BAILEY for a fantastic effort in your homework last week. Keep it up!

Year 3G  HANNA NASH for being a quiet achiever. You always complete your work to the best of your ability and I appreciate all your efforts.
JOSEPH DOYLE for trying your best in everything you do. Keep up the great work.

Year 3T  LILY THATCHER for continuously working hard to complete all of your tasks. Keep up the great work!

Year 4B  JUDAH RICHARDS for always smiling and giving everything a go. Keep it up.
ALYSSA WISE for working extremely hard and always being organised.

Year 4P  ALL OF 4P for participating so reverently in our Ash Wednesday liturgy last week. I am very proud of your efforts.
LIAM ARNOLD for being such a hard worker last week. It was great to see you so focused on getting your jobs done.

Year 5B JAI WHEAT for always being fair and just in all of your interactions with others. You are a star!

MAEGAN BOWDEN for going above and beyond with all of your school work. You are a treasure!

Year 5P TAHLLA RACH for being a super whiz at our “Around the World” tables game.

SARAH DALLA-RIZZA for identifying excellent examples of sizzling starts during our text search.

Year 5SB COOPER ZIELKE for being a helpful and thoughtful friend and member of our classroom! We love having you as part of your 5SB team.

TEAH SHUTTLEWORTH for always being ready to learn. Your positive attitude and your hard work are an asset to our learning community!!

Year 6C FAHAD SIRIVELLA for showing wonderful maturity in all school activities. You are a great role model to your peers!

JHANNA YEE for being a diligent worker who always completes work to a wonderful standard. Keep up the hard work!

Year 6J ALYSSA CAMERON for always completing your work to the best of your ability and for showing great leadership.

KYAN ARNOLD for being enthusiastic towards all your learning tasks.

CONGRATULATIONS

SO WHAT’S HAPPENING IN YEAR 1KP?

We have made an amazing start to the year with lots of great journal writing being done. We have all created something great and have shared some of it below.

When I grow up I want to be a policeman. (Slater)
“Roar,” went the T-Rex as it was chasing the triceratops and then he ate it up. (Lachlan)
My favourite part was when she crashed her tractor because it was funny. (Tom)
When I grow up I want to be an artist. (Lily)
“Roar,” said the crocodile as he chased me. (Isla)
“Roar,” went the monkey as he climbed high. Why did the monkey say rooar? A monkey said roar. What a joke. (Bridie)
“Roar,” said the T-Rex many years ago. (Kobe)
When I grow up I will cook steak burgers. (Macauley)
Bang went the golf ball as I hit it. It went high. (Isabel)
“Roar,” went the dinosaur as it stomped through the forest. (Jules)
My favourite part was when the duck and the pig and the cow saved Wishy Washy’s tractor. (Hayley)
When I grow up I want to be a princess fairy. (Sienna)
“Ahh!” said the cake. It was getting eaten. (Tess)
When I grow up I want to be a soccer player. (Hunter)
“Roar,” went the T-Rex as it played in a rock band. (Jordan)
Bang went the balloon as it flew away. (Annika)
When I grow up I want to be a scuba diver. (Declan)
My favourite bit was when they jumped in the mud again. (Coen)
“Roar!” said the lion. He roared so loud. He got so mad he ran. He ate me all up. (Kelsi)
When I grow up I want to be a singer. (Keandra)
Pop went the popping candy as it crackled in my mouth. (Thomas)
“Roar” said the T-Rex scaring the other dinosaurs out of their spikes. (Olivia)
My favourite part was when she fell in the mud. (Kiara)
SO WHAT’S HAPPENING IN YEAR Prep G?

The love of learning is obvious in Prep G. Five weeks into the term and the class has settled into school beautifully. I asked the students what they have enjoyed the most about their first few weeks of Prep.

**Hayley**  I like playing with the dinosaurs and learning about letters and numbers.

**Hamish**  I like playing with the ponies and counting to 100.

**Blayne**  I like playing with the cash register and counting to 100.

**Jai**  I like home corner.

**Megan**  I like dressing up.

**Cale**  I like playing on the verandah.

**Izabel**  I like playing with all of the toys.

**Sebastian**  I like playing with Jai.

**Kendra**  I like to play dress up and ponies.

**Adelaide**  My favourite thing is the show and tell.

**Blake**  I like playing with the police dress-ups.

**Genevieve**  I like playing in the home corner.

**Sophia**  I like playing with the whiteboards.

**Alyssa**  I like playing in home corner.

**Tobias**  I like the cash register with the buttons.

**Thomas**  I like seeing Mrs Gardiner and Miss Van Beelen.

ST PATRICK’S DAY CELEBRATION

Everyone is invited to join the Bundaberg Catholic Women’s League at their annual St Patrick’s celebration which is to be held at the Brother’s Club, on Tuesday March 17th commencing with morning tea at 9am followed by variety concert, lucky shamrock, lucky spots, raffles and a continuous cent sale. Proceeds go towards supporting local and Australian charities.

St Mary’s choir will also be performing on the day.

Bookings: Annette – 41514895 or Maureen - 41521263

CATHOLIC SCHOOLS RACE DAY 2015

Mark your diaries now! The 10th Anniversary of the will be held on SATURDAY, 21ST MARCH 2015

Looking forward to your continued support of this annual fun day out for the Catholic Schools Community.  

[Click here](#) to view flyer with further details.  

[Tickets are now available at St Mary’s School office](#).

Any enquiries in relation to this event please contact Peter O’Beirne on 0419 787 279 or Teresa Cameron on 4155 8111.

COMMUNITY NEWS

AEIOU Open Day – Thursday 26th February 9:30AM – 11:30AM

Do you care for a child with autism?  [Click here](#) to view flyer with further information

Shalom College Rowing – High Tea – Sunday 1st March

[Click here](#) to view flyer with further details.

WE WANT YOU!

For our 2015 Freshmeat intake. Wanting Skaters, Referees and Volunteers 18+. Get Fit - Get Active - Fun for Men and Women. GIVE IT A TRY! Tuesday March 3rd, 6 - 8pm @ Extreme Skate Centre. 45a Burrum St (Next to the Old Showgrounds). All you need is a water bottle and a mouthguard. Under 18? Ask about our Junior League, The Rink Rats! Find us on Facebook, or email rumcityderbydolls@gmail.com
Rum City Rink Rats
Are you interested in joining a sport that is all about...FUN, FITNESS, TEAMWORK?
ARE YOU UNDER 18?
Come and play roller derby with the Rum City Rink Rats!
We train Sundays 12-2pm and Tuesdays 4-6pm @ Extreme Skate Zone, 45a Burrum St Bundaberg (near the old Showgrounds)
New to skating? Ask about ‘Skate Stars’ learn to skate program. Find us on facebook/rumcityderbydolls

Be Active, Be Alive!
Are you ready to Be Active? Why not try Council’s FREE physical activity program Be Active, Be Alive! (BABA), offered from 2nd February over 8 weeks. There’s over 120 exercise sessions to suit every person and every fitness level & it’s all totally free. No sign up, just attend when you can.
Don’t miss out on this great opportunity to become more active, join one of the friendly BABA Fitness Instructors and try out a new activity or enjoy meeting new people while having fun exercising! Access the program online to find an activity scheduled at a park or pool near you http://www.bundaberg.qld.gov.au/files/brc_baba_2015_program.pdf or call Bundaberg Regional Council today on 1300 883 699. Programs are also available at any Council Service Centre or from Coral Coast Pharmacies. Be Active, Be Alive! is an initiative of Bundaberg Regional Council.